



Assumption of Risk and Waiver of Liability Relating to Coronavirus/COVID-19

Esprit de Core Pilates Studio has put in place preventative measures to reduce the spread of the novel coronavirus. However, Esprit de Core Pilates Studio and its instructors cannot guarantee that you will not become infected with COVID-19. Participating in activities with others, including attending Esprit de Core Pilates Studio could increase your risk of contracting COVID-19.

By signing this agreement, I _____ acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to COVID-19 by attending Pilates sessions at Esprit de Core Pilates Studio, and that such exposure may result in personal injury, illness, permanent disability, and death. I understand that the risk may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Esprit de Core Pilates Studio instructors and clients.

I voluntarily agree to assume all of the risks and accept sole responsibility for any injury (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I may experience or incur in connection with my appointments at Esprit de Core Pilates Studio (“Claims”). I agree to hold harmless Esprit de Core Pilates Studio and its instructors and agree not to pursue any claims against Esprit de Core Pilates Studio, its owner, agents, or instructors. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of Esprit de Core Pilates Studio, its owner, agents, or instructors.

I understand that I cannot participate in any Pilates sessions or go to the studio if I have any COVID-19 symptoms, including but not limited to:

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell



I agree to notify Esprit de Core Pilates Studio if I have tested positive for COVID-19 before or after attending any appointments at Esprit de Core Pilates Studio, and that I will not be allowed to attend participate in any Pilates sessions or go to the studio for a minimum of two weeks after a positive test or after I have had a negative test. I understand that my identity will remain confidential after notifying Esprit de Core Pilates Studio of a positive COVID-19 test.

Client Signature

Date